You have widened my footsteps לז תַּרְחִיב צַּעֲדִי underneath me and my ankles did not slip.

I have chased my enemies לֹח אֶרְדְבֶּה אִיְבֵי and I destroyed them and I did not return יוְלֹא אָשׁוּב until they were consumed.

I consumed them מחלם וְאֲכַלֶּם and I crushed them יְגֶּמְהְצֵּם so that they will not get up יוֹבְאֹ יְקוֹמֶוֹן and they fell יוֹפְּלִוֹּ under my feet.

You girded me with strength מ וַתַּוְרָנִי חֻיִל

to do battle

You brought to their knees

חַרְרִיעֵ

those who get up against me

(You have put) underneath me.

And my enemies

You have given me

their necks (i.e. they run away from me),

those who hate me,

מְשֵׁרְבָּי

and I cut them off.

They turned מב יִשְׁעִוּ and there was none to help them, וְאֵין מֹשִׁיעִ (they turned) to Hashem אֶל־יְהֹוֶה and He did not answer them.

And I ground them up

מג וָאֶשְׁחָקִם

like the dust of the land

בַּעֲפַר־אֶָרֶץ

I pressed them like mud on

כְמִימ־חוּצְוֹת אֲדָקֵם

the street,

I trampled over them.

:אֶרקִעִם

You saved me

מד וַתִּפַּלְּטֵׁנִי

from the fights of my nation

מָרִיבֵּי עַמָּי

You have kept me

ڬۺؙڟؙڗڋڔ

as the head of nations,

לְרָאשׁ גּוֹיִם

a nation which I do not know

עַם לְאֹ־יָדֻעְתִּי

serves me.

ַיַעַבְדֶנִי:

The sons of strangers

מה בָנֵי נַכֶּר

lie to me (out of fear).

יִתְכַּחֲשׁוּ־לֻי

as soon as their ear hears

לִשְׁמִוֹעַ אָוֶן

they listen to me.

יִשֶּׁמְערּ לְי:

The sons of strangers

become withered יָבֶּלוּ

and they become limp וְיַחְגְּרֶוּ

from (being inside) their enclosures. מַמְּכָּרוֹתֶם:

Hashem lives מז חַי־יִהוָה

and blessed is my Rock, וּבֶרוּך צוּרֵי

and He shall be exalted וְיָרֶּׁם

my G-d,

the rock of my salvation. בור יִשְעִי:

The G-d מח הָאֵּל

who gives revenge to me בּוֹתֵן נְקָמָת לֵי

and who lowers nations וֹמֹרֵיד עַמֶּים

underneath me.

מַחְמֵנִי:

And the One who brings me out
from my enemies
מַאִּיבֶּר
and from those who get up against me
הַבְּיבְנִי
הַרוֹמְמֵנִי
He elevates me,
מַאִישׁ הַמָּסִים
He saves me.

Therefore
I shall give thanks to You Hashem
מוֹרָדְ יְהוֹה
amongst the nations,
בּגּוֹיֻב
מחל to Your name
I shall sing (praises).

(Hashem is) the tower [מְנְהִיל [מִנְהִיל]

of the salvations of His king (i.e. Dovid),

יְשׁוּעִוֹת מַלְכָּוֹ

and He does kindness

וְלְשֶּׁה־חֱסֶּר

to His anointed one

לִמְשִׁיחֶוֹ

to Dovid and to his offspring

לְרֵגִר וּלְזַרְעִוֹ

forever."

עַר־עוֹלֶם: